



Hiking Schedule

Fall 2009



Date	Hike and Description
<p>September 13th, 2009 10:00 Old Mill Subway (Outside the main doors)</p>	<p>High Park – Urban Hike along the Humber River, Lakeshore to High Park. Lunch at Grenadier Restaurant. Finish with beer at one of the fantastic pubs on Bloor West. Steve Donnelly 416-769-3899</p>
<p>September 18th – 20th, 2009</p>	<p>Fall Weekend at Tyrolean Village, Blue Mountain Numerous activities including hiking. Check out the NTSC Website under Members Events for more information. Space is limited.</p>
<p>September 27, 2009 9:45 York Mills Subway parking lot NW corner Yonge & York Mills</p>	<p>Durham Regional Forest – 12 km Easy to Moderate This seventy year old forest is part of the Oak Ridges Moraine and is located North of Pickering, close to Hwy 407 & Brock Rd. Jack Urbanowicz and Anna Jackson jack.urbanowicz@opg.com annajackson@rogers.com 416-835-3373 416-275-6084</p>
<p>October 4th, 2009 9:45 York Mills Subway parking lot NW corner Yonge & York Mills</p>	<p>Mono Cliffs Provincial Park – 12 to 14 km Moderate to Difficult Great mix of forest, ponds, a lake and lookout points. Refreshments or dinner afterwards. Chris Abromonis 416-226-0638 chris_abromonis@sympatico.ca</p>
<p>October 11th, 2009</p>	<p>Thanksgiving Weekend – no scheduled hike</p>
<p>October 18th, 2009 9:45 York Mills Subway parking lot NW corner Yonge & York Mills</p>	<p>Seaton Trail – 13 km brisk pace- Moderate to Difficult Hiking boots are strongly recommended as parts of the trail will be extremely muddy. East-enders can opt to meet at the southern trailhead parking lot at the end of the 3rd Concession west of Brock Rd, Pickering. We will car jockey to the north trailhead if we have enough cars. Refreshments after the hike at Bear & Firkin, 1550 Kingston Rd at Valley Farm Rd. Ken Gavendo kengavendo@yahoo.ca</p>
<p>October 25th, 2009 9:45 York Mills Subway parking lot NW corner Yonge & York Mills</p>	<p>Oak Ridges Trail – 13 km along the Oak Ridges Moraine in the York Regional Forest Whitchurch-Stouffville – Ontario at it's best – easy to moderate Mary Ridder Cindy Brownley Josette Morin marmst0540@rogers.com cbrownley@rogers.com josette_morin@colpal.com</p>
<p>November 1st, 2009 9:45 York Mills Subway parking lot NW corner Yonge & York Mills</p>	<p>Hoggs Falls to Eugenia Falls in the beautiful Beaver Valley – 12 km Moderate level and very picturesque with a few hills. Approximately 2hours travel time, prepare for later return. George Trieste and Eva Pyszczyńska 519-395-0492 gstrieste@hotmail.com ewap2000@yahoo.ca</p>

Hiking Information

- Hikers meet on Sundays at 9:45 for a 10:00 am departure at the York Mills Subway Station parking lot on the northwest corner of Yonge and York Mills. We then car pool to the start of the hike. The 1st hike of the season, September 13th High Park Hike, meets at the Old Mill Subway Station.
- Passengers – please contribute \$8 to your car pool driver for gas and car expenses.
- Bring your **lunch** and **plenty of water**, since we usually eat on the trail! For the High Park hike we stops at the Grenadier Café & Teahouse for lunch, where you have the option to purchase lunch.
- Hiking boots are strongly recommended.
- Bring sunglasses, sunscreen, camera, hat, extra socks and any other clothing needed for the weather conditions.
- If you have a question about a specific hike, or wish to meet at the trail head, please call or email the hike leader listed.
- Refreshments at a local establishment after the hike.
- Details are subject to change. Call the NTSC information line @ 416-763-9016 or the Day Hike Coordinator for any updates.

Lesley Austin

Day Hike Coordinator

lessaustin@hotmail.com

daytime # 416 495-6505

evenings & weekends 416 638-8919